



Bike It Events led by the Bike It Crew and Bike It Champions, 2017-2018

What is Bike It?

Bike It is a highly successful project aimed at increasing levels of walking and cycling to school led by charity Sustrans. Each area has a Bike It Officer who supports and works with schools for the schools to achieve their Bronze, Silver and Gold Awards.

Sustrans' vision is a world in which people choose to travel in ways that benefit their health and the environment. So they encourage people to change their travel behaviour, create safe, attractive walking and cycling conditions, increase public transport usage by improving and integrating services and reducing fares, ensure that planning policy and practice reduce the need to travel and reform taxation and increase spending on sustainable travel.

Why are we a Bike It school?

We have always promoted children walking, scooting or cycling to school for the health, financial and environmental benefits. Becoming a Bike It school meant we were committed to raising children, parents and staff awareness in the benefits of cycling (scooting and walking) to school in a systematic way and to effect a change over time by increasing the number of children who do use sustainable ways of travelling to school.

When we became a Bike It school in September 2013 we had built a bigger and brand new cycle shelter where all bikes and scooters could be kept. Part of the expansion plans are for more cycle shelters to accommodate an increased number of children scooting and cycling to school.

In July 2016 we were delighted to be awarded the prestigious Gold Bike It Award, having achieved Silver in July 2015 and Bronze in July 2014.

Termly different events are organised to promote cycling and scooting to school and Bike It activities are part of the school curriculum, such as described in the grid below.

The Bike It Crew

Termly children from Year 1, 2, 3 and 4 nominate themselves through a simple application process to join the Bike It Crew. They then meet every two weeks with the Headteacher, Mrs Davis, to work on particular projects which encourage and motivate children and their parents to cycle or scoot to school. Information on our website shows some of the work the Bike It Crew have done as does the display by the infant hall.

Bike It Objectives on the School Development Plan

Annually Bike It has a page on the school's development plan (SDP) which is the document written annually to make improvements to school. The Bike It objectives on the SDP are reviewed every term to ensure school is on track to achieving the objectives by the end of the academic year. Bike It also has a budget.

Termly Bike It Events

	Events	Bike it crew To meet every two weeks
Autumn 1	Welcome Organise the classes to take Pedals the bear home	Crew nominated Monthly bike count and data displayed on the bike it noticeboard Poster promoting cycling to school. Update bike it noticeboard
Autumn 2	Cycle to Santa competition Toyota dream car competition Be Bright be Seen competition	Help in assembly launch Pedals the bear to whole school. Monthly bike count and data displayed on the bike it noticeboard Update bike it noticeboard Enter the be bright and be seen, BRAKE, activities and explain in assembly to the school. End of term thank you certificates for the crew
Spring 1	Know your cycle routes to school Safe in the dark	Crew nominated Geography-map or picture of where the children like to cycle Cycle safety and being seen in the dark – craft with luminous beads etc for bike safety Monthly bike count and data displayed on the bike it noticeboard To update the leaflet: why bike to school to use with new Reception and year 3 parents as well email home to all parents. Update bike it noticeboard
Spring 2	Bring your bike to school day, coincide with Sports Relief Dr Bike	Monthly bike count and data displayed on the bike it noticeboard Promote bring your bike to school day. Present it in assembly. Create poster. Tell their classes. Letter home to parents. Update bike it noticeboard End of term thank you certificates for the crew
Summer 1	Take part in the Big Pedal	Crew nominated Promote taking part in the Big Pedal. Present it in assembly. Create poster. Tell their classes. Letter home to parents. Monthly bike count and data displayed on the bike it noticeboard

		Update bike it noticeboard
Summer 2	<p>Take part in the Golden Boot Annual travel survey</p> <p>Celebration of Cycling event and picnic</p> <p>Discovery afternoon linked to Bike It.</p>	<p>Monthly bike count and data displayed on the bike it noticeboard</p> <p>Help in the Golden Boot assembly. Promote biking to school as part of Golden Boot. Present it in assembly. Create poster. Tell their classes. Letter home to parents.</p> <p>Discovery afternoon linked to bike it. Children ask their classes for ideas for bike it afternoon.</p> <p>Celebration of Cycling and picnic event</p> <p>Annual hands up survey</p> <p>Update bike it noticeboard</p> <p>End of term thank you certificates for the crew</p>

Promoting Bike It

Bike It is promoted with new parents on prospective parent tours, Reception induction meeting, Year 3 induction meeting, information on our website and as a leaflet in our prospectus.

Pedals the Bear

Every week a child takes home the bear and the book to record in words and pictures their cycling / scooting activities with Pedals